

ZAGAT

Eat This Now: San Diego's 30 Essential Dishes

BY DARLENE HORN | JANUARY 23, 2017



No matter the time of year in San Diego, there's always something good to eat, and our updated list of 30 essential eats in San Diego is living proof. For those of you planning on keeping your resolutions to eat healthier, we have a bunch of delicious options, as well as some not-so-healthy ones. Check out this list of our absolute favorites, including sausage-stuffed rolls, made-before-your-eyes ceviche, vegetarian chili and more.



Mary's fried chicken and waffle at [Encontro](#) Chef Jason Hotchkiss' take on fried chicken and waffle is nothing like the classic combo you've tasted before. Between the Belgian-style waffle with smoked cheese and bacon baked right into the batter and the simply fried half chicken sided by a sauce of Tabasco, butter and Vermont syrup, it's a dangerously spicy-sweet combo.

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